



TELŠIAI ROGAINING 2018 FINAL INFORMATION

PROGRAM

We slightly changed the program for your convenience and registration start time. Start and finish times remain the same.

2018.10.27 Saturday

10:30 – 12:30 Registration and bib pick up in the race center @ Germantas villa, Telšiai district.

12:30 Issuing maps and control descriptions

13:00 Mass start for all participants

16:00 Control time ending for 3 hour participants

17:00 Prize giving ceremony for 3 hour race medalists

19:00 Control time ending for 6 hour participants

19:30 Closing Finish

20:00 Prize giving ceremony for 6 hour race medalists

Course and Map

Telšiai Rogaining 2018 map is printed on water resistant paper. Map scale 1:20000, map size - A3, print on both sides. Descriptions printed on the map. Map contains 56 control points. Runners\Cyclists participating in full race be aware that not all control points have light reflectors.

First control number multiplied by 10. For example control (CP) with number 31 is worth 30 points, CP 32 – 30 points, CP 45 – 40 points, CP 79 – 70 points and so on...

Attention cyclists! – Control points that have number 6 are hard to reach with bike (f.e. 36, 56, ...)

39th control – double (in control place there will be two controls).

100th control will be placed after 1:00 PM. From 100th control there will be marks till the finish. Map covers Germantas, Lieplaukė, Brazdeikiai, Pagermantis, Gelžė, Kęstaičiai, Buožėnai districts.

MANDATORY EQUIPMENT:

All participants must have SportIdent cards. Cards will be put on the wrist using zipper. Cyclists must wear hard surface helmet and place white and red lights on the bike. All participants must have light reflectors or light reflecting vests. Each team must have at least 1 mobile phone in case of emergency.

RECOMMENDED INVENTORY:

- Energy gels, drinks, chocolates and other food that suits you.
- Flashlight – will be needed in the dark.

- Waterproof shoes
- Compass
- Pen\marker to connect the course (map paper is water resistant, simple pen hardly writes on it)
- Backpack – to carry your things.

SAFETY

During the race all the participants must comply with road traffic regulations. All participants must wear light reflectors or light reflecting vests. Cyclists must wear hard surface helmets and put white and red lights on the bike.

Railroad can only be crossed in marked places. Ride on the railroad is strictly forbidden. When a train is spotted you must let it to pass by. Participants that does not follow these regulations can be disqualified.

PUNCHING

Punching system - SportIdent. SIAC will be activated. All participants before receiving a map must clear their SportIdent cards. Participants that does not have SportIdent cards must rent them from organizers when picking up their bib.

ARRIVAL

Competition center – Germantas villa. Parking in marked places.

BIB PICKUP

Participant numbers will be given at the competition center from 10:30 till 11:00. We recommend arriving earlier to avoid queues. When picking up participant number you must give signed safety agreement (for schoolchildren safety must be signed by their parents). Without this agreement you will not be allowed to start the race.

CHANGING CLOTHES

Competition center will be outside, however the will be indoor hall to change clothes. Entering the hall with shoes that have metal spikes is forbidden. Unfortunately we will not be able to provide hot shower, but cold lake water will cool you off 😊

FOOD

After the competition all participants will have a possibility to taste hot tea and porridge.

PRIZE GIVING

3 hour race prize giving ceremony is planned at 5PM, 6 hour race – 8PM. Prizewinners will be awarded with

prizes from our sponsors: CompresSport, Asics, Silva, Neolife, S-sportas. All participants will receive participant medal.

SPONSORS

